



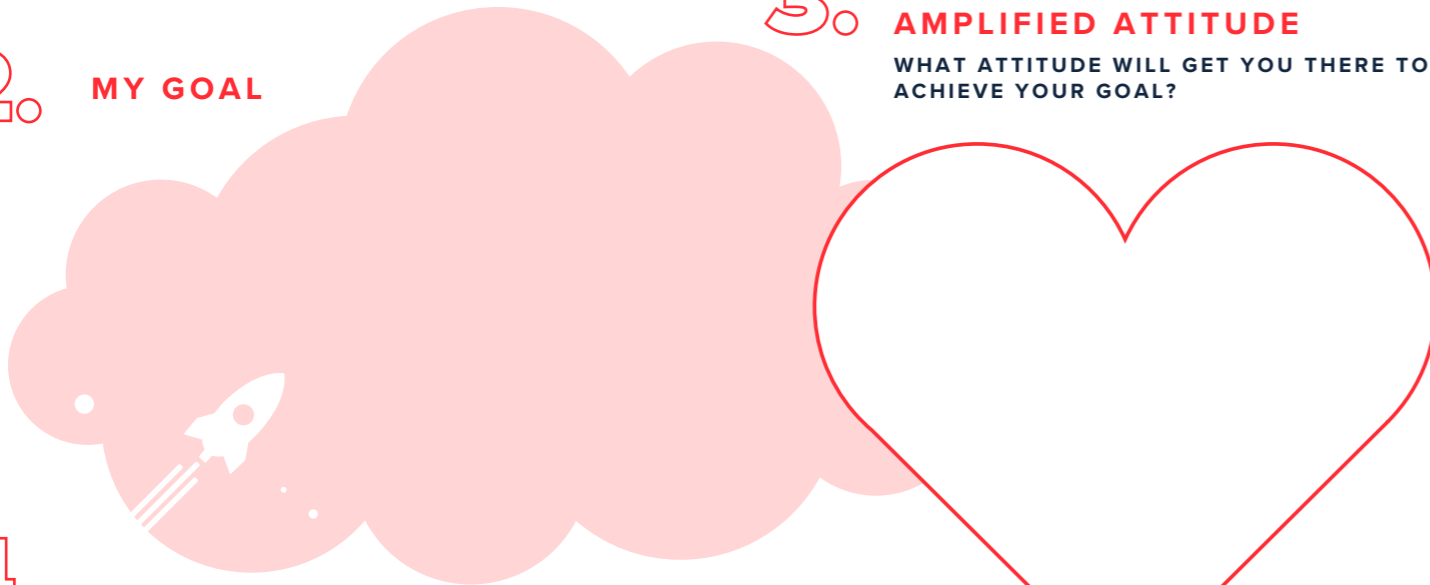
1.

**MY KEY GOALDRIVER™**



2.

**MY GOAL**



3.

**AMPLIFIED ATTITUDE**

WHAT ATTITUDE WILL GET YOU THERE TO ACHIEVE YOUR GOAL?

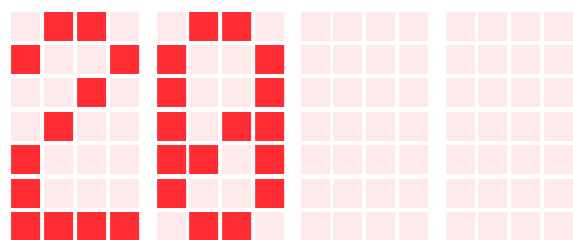
4.

**MY TIMEFRAME**

DAY

DATE

MONTH



5.

**MY WHY**

FIVE REASONS WHY I WANT TO ACHIEVE THIS GOAL.

ONE

TWO

THREE

FOUR

FIVE

6.

**MY DEVELOPMENT**

WHAT DO I NEED TO DO

START DOING



STOP DOING

8.

**MY 30 DAY ACTION PLAN**

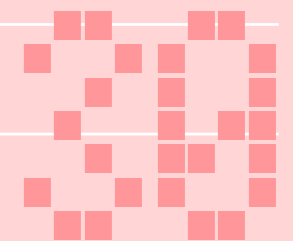
1.

2.

3.

4.

5.



9.

**MY DAILY RITUALS**

HOW I WANT TO FEEL:

M T W T F S S

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